Let's Prevent the Spread of COVID-19

You can help flatten the curve

Feel Sick?

- Stay home and seek medical attention
- Protect others

Exercise Social Distancing

- Keep 6 feet between you and other people
- Avoid hugs, handshakes, and gatherings

Be Smart

- Wash hands frequently with soap for 20 sec. or longer (or use alcoholbased hand sanitizer with at least 60% alcohol)
- Avoid touching your face. Hands can transfer the virus to your eyes, nose or mouth

Cover coughs and sneezes



For more COVID-19 resources, please contact

